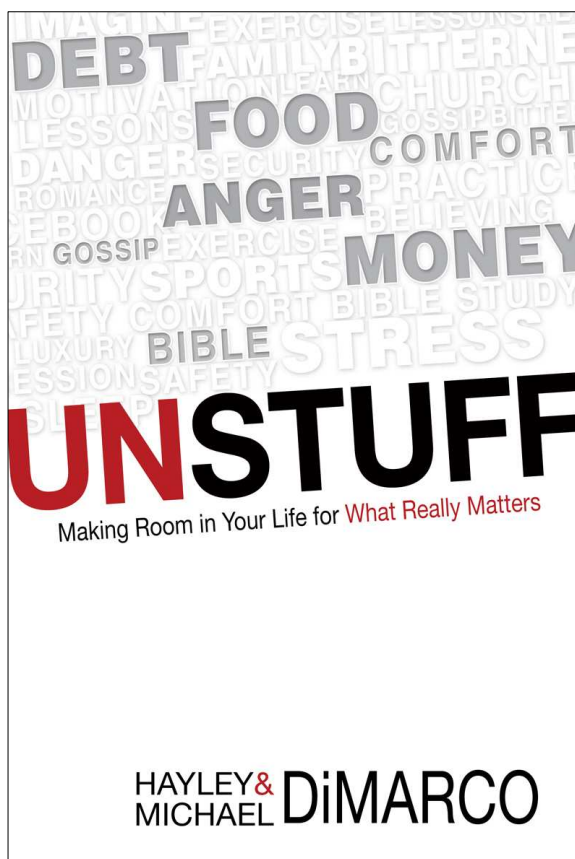




CHRISTIAN ART
PUBLISHERS

Unstuff

Making room in your life for what really matters



God ... and stuff. Everything in the universe falls into one of these two categories. Which is more important to you?

In *Unstuff*, popular authors Michael and Hayley DiMarco take a close look at what's in your wallet, your heart, your house, and your mind to reveal the pleasures and perils of stuff – and the joy, peace, and freedom that comes from learning to live with less.

In this real-life look at “how it's done,” the authors take an uncomfortably close look at the cost of their love affair with stuff. They start by unstuffing their house – getting rid of anything they don't need by giving away, selling, or throwing out items that only add to their love for more. This family of three also travels across the country with nothing more than they can fit in a motor home, and discovers that the really important stuff goes with them.

Many people today are drowning in stuff. *Unstuff* helps readers to realize that less is indeed more.

Specifications:

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SHORT COPY

Unstuff is a mostly pain-free guide to downsizing with many tips and advice on how to live with less and still be happy. *Unstuff* addresses the issues of why we feel compelled to fill our lives with so much stuff. Authors Michael and Hayley DiMarco discuss the symptoms, and they ask many questions. What can you live without? What do you fear being without? What do you have simply because it makes you feel happy? *Unstuff* concludes with some timely and prudent advice: live within your means.

ABOUT THE AUTHOR



Michael and Hayley DiMarco work side-by-side on Hungry Planet, a company they founded that is committed to publishing spiritually-based content for teens and young adults. They work with authors who wish to reach an increasingly postmodern culture with Truth. They live in Tennessee with their daughter.

KEY SELLING POINTS

- Poses many thought-provoking questions to readers.
- Deals with current issues of consumerism: Shopping as therapy, debt, stress, instant gratification, obesity and insomnia.